



KEEPING IN TOUCH

WEEK #5

9TH OCTOBER 2026



THIS WEEK'S IMPORTANT ANNOUNCEMENTS



Parent Consultations

If you haven't booked your appointment for next weeks Parent Consultations, please do so via Arbor.

Meetings take place on;

Tuesday 13th October 2026
Wednesday 14th October 2026
Thursday 15th October 2026

If you have any trouble booking, please contact the school office.

STAY CONNECTED

Keep up with school news, letters and updates.



Website

www.lecateauprimary.co.uk



Email

admin@le-cateau.n-yorks.sch.uk



Call

01748832292

A message from Mr M

Weather Conditions

The weather and temperature have definitely changed this week so please remember to send your child to school wearing the appropriate clothing for the weather conditions. We do try and get outside whenever we can so having a coat in wet weather is really important.



Road Safety

It is also a great time to remind your children about walking to and from school in the changing conditions. We will be delivering Road Safety Awareness sessions in school but support from home really helps drive home the message.



Harvest Festival

Children in Year 2 will be leading the whole school in our Harvest Celebrations. More details around collections for the local foodbank will be shared next week. The Year 2 pupils will be delivering a whole school assembly on Thursday 22nd October with Year 2 parents invited to attend. The time will be confirmed next week.



INSET Day - School Closed

Friday 23rd October is an INSET Day meaning the school is **CLOSED** for pupils. Please mark this on your diary!

Celebrating Dashain

The festival of Dashain takes place next week with many of our Nepali families taking part in the celebrations. Please make sure you have applied to school for leave of absence for religious reasons.



► WEEKLY SAFEGUARDING

Keeping Every Child Safe: This Week's Safeguarding Reminder

Social media ban in the UK

On 15 June 2026, the UK government announced that major social media platforms will be banned from providing accounts to people under the age of 16yrs.

What's changing and what it means for families

The new rules aim to reduce the risks children can face online, including exposure to harmful content, bullying and contact from strangers.

The changes are expected to include:

- a ban on under-16s using social media platforms such as TikTok, Instagram, Snapchat, Facebook and YouTube
- restrictions on high-risk features like livestreaming and contact with strangers, which will apply across a wider range of online services, including gaming sites
- stronger age checks to verify users' ages
- possible limits on late-night use and 'infinite scrolling'

It's important to understand that not all online spaces are affected in the same way.

- messaging services such as WhatsApp are not expected to be included in the ban
- some platforms, including gaming sites (e.g. Roblox), will sit outside of the under-16s ban
- however, children may still experience risks in these spaces, particularly where communication with others is involved or where they might see harmful content.

► ATTENDANCE CELEBRATION



This Week's Attendance Winners -

Year 1 Ewes & Year 2 Happy Llamas



Attendance Section

► SCHOOL ATTENDANCE INFORMATION



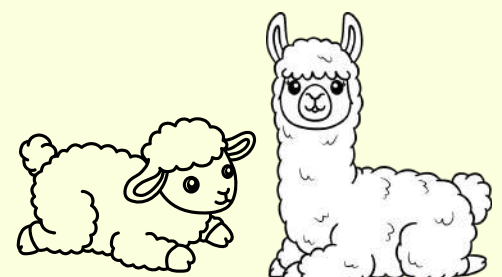
Please ensure that your child is at school on time as there are valuable learning opportunities set for before and during register time. The School Day starts at 8:45am



*This week we have had **686 minutes** of lost learning due to lateness. We have had - **36 pupils** arriving late this week!*



All absences need to be reported by 9:00 AM to the school office. Messages passed through the teacher don't always make it to the office so please make sure you ring the school absence line.





Stars of the Week & Pupil Achievement Spotlight

Ewes & Hedgehogs.

1E -Albie and Lola for having a positive attitude to their learning, Tawhidullah for always being ready to learn and William for writing a description of the crocodile. **1H** - Louie for settling into the class so well and all the hedgehogs for helping him find his way around the school. Isla for being a good friend, Ella and Charlie for always working hard and Holly for being a superstar.

Adi
Kai
Miley
Arthur L

Chameleons & Happy Llamas.

Star Pupils
This Week

► GOLD & SILVER STAR AWARDS

Alligators & Whales

Maddie and Aarav in 3A - great creative work this week.
3W - A big welcome to Gracie, our newest member of the Whales class. We are delighted to have her as part of our Year 3 family! 😊

Heroes & Stars

4H - Rose and Coby for making great progress with their Maths!
4S - Emily for an absolutely amazing, detailed recount of our Beamish trip.

Tigers & Butterflies

5T Lucas B for excellent focus in class.
5B Jale for always having a positive attitude to learning.

Hawks & Hummingbirds

6DH - Lyncyn for learning all his times tables and Elsie for speedily recalling her zappers!
6RH - Jacob B for learning all his times tables and Lilly for contributing really well in lessons.





Gallery & Updates

▶ Cross Country



▶ Fs1



▶ The Nest



► WEEKLY UPDATES

This Week's Class Updates.



Caterpillar Room

What another fun filled week we have had. We have continued our exploration of shapes and we went on a hunt around the classroom to see how many different things we could find that were circle, we couldn't believe how many we found! We have created circles in art using different resources and had so much fun using our whole bodies to create large circles, we did this by using a sensory spinning chair. We have been exploring the outdoors and looking at the changes that are happening within the environment. We are continuing to follow the children's interests and this has taken us on lots of jungle themed role play, we have learnt about so many different animals that live in the jungle, their habitats and sounds.



FS1 Bears



This week we have been reading Stick Man by Julia Donaldson. We made our very own Stick Men and took them on lots of adventures around our classroom and garden. The children also enjoyed making some egg bread at Forest School and bakes some delicious cheese and chive scones in the STEM den on Thursday.



FS2 Mice & Chickens

This week we have been learning about numbers to 5, developing our 1:1 correspondance skills and using counting stick to help us count accurately. We have also continued with our phonics learning, and the children will be bringing home flashcards to practise at home.

Next week, we will be focusing on Autumn. Our book will be The Leaf Man by Lois, Ehlert.

Gentle reminder to send wellies and a waterproof all in one to be kept at school. We have noticed that there are many children still do not have these in school.

Please remember to book your parents evening slot if you haven't already!



The Nest

This week in The Nest we have enjoyed our story 'the leaf man'. The children have enjoyed exploring our sensory story, looking at items from the book, vegetables, animals and autumnal items. We have been concentrating on our communication and language during these interactions using different forms of communication- makaton and communication boards. The children have enjoyed our autumn crafts, making hedgehogs, leafmen and wreaths. In PE we encouraged the children to balance independently. In our make and bake session we used our knives to spread on the bread, the children could choose between jam and cream cheese.

Next week we will be looking at the book 'the great nut hunt' with lots of fun leaning activities.

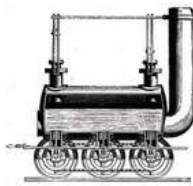


► WEEKLY UPDATES

This Week's Class Updates.



Year 1 Ewes & Hedgehogs

*Don't forget*

Another fun, filled learning experience in Year 1. For English the children had great fun exploring adjectives and finding exciting descriptive words for daddy crocodile.

In maths we have continued to use resources to help with our understanding. This week the children have enjoyed working with dienes to represent their numbers and finding creative ways to display their digits from 1 to 100.

In geography the children have been naming, locating and labelling the 7 continents of the world.

In Art the children had fun exploring painting using a range of brushes.

In History we continued our topic on trains by exploring George Stephenson and why he was famous.

In DT the children were exploring why some structures are more stable than others. They then worked with a partner to plan their own stable structure.

In music we have been exploring sound patterns, this week the children were experimenting with creating different sounds using a single instrument.

Pe days - Monday (outdoor) Tuesday (Indoor)

On PE days, children need to come to school wearing their PE kit. Please make sure their kit is appropriate for the weather, particularly as the colder months are approaching. Tracksuit bottoms are a great option on chilly days to help keep everyone warm and comfortable while taking part. A little reminder that earrings must be removed for PE lessons to keep children safe.

Keep Reading at Home!

We love hearing about all the wonderful reading our children are doing at home! Reading books will be sent home each day, giving children plenty of opportunities to practise their reading skills, develop their confidence and enjoy sharing stories with their families. Please remember to add a short comment in your child's reading record each time they read at home. It is lovely for us to see what they have been reading and to celebrate all their fantastic progress!

Thank you for your continued support in encouraging a love of reading at home.



Year 2 Chameleons & Happy Llamas



This week in Year 2 we have been looking at acrostic poetry In English and have started to focus on Harvest and what this means. We have enjoyed learning where the countries of the UK are in Geography and labelling them on a UK map.

In maths, we have been learning about greater than, less than and equal to - comparing two digit numbers up to 100. We are also still trying to master our 2x tables so thank you for any support you are providing at home with this! We have been learning how to keep our bodies and minds healthy in PSHE as well as continuing to develop our knowledge of the Qur'an and its importance in Islam in RE. We will soon be in full swing preparing for our Harvest Festival assembly.

► REMINDER

PE Days

Tuesday - Indoor

Wednesday - Outdoor

Please ensure children come in to school in their PE kits on those days - especially with suitable footwear/hoodie etc as the days get colder. Any earrings are to be removed please - either at home beforehand or by your child before the lesson if they are able.

TT Rockstars/Numbots

Please continue to use these at home. We have a competition going between the classes and it is a great way to grow the children's times table knowledge.

Reading

We are focusing on developing in a real love of reading in Year 2 - please continue to read at home as much as possible to support your child's reading development. It really does make a difference and we appreciate your support with this as always.

Spellings

We test spellings every Friday and send new ones home for the next week - please practise these at home.

► WEEKLY UPDATES

This Week's Class Updates.



Year 3 Alligators & Whales

We have been continuing to enjoy our Stone Age theme in Year 3 and are learning more about cave paintings and how people used to live all those years ago.

Our maths work is all about using number facts we know to help us. Number bonds to 100 and 1000 and times tables are a big part of our focus. Please continue to log into TT Rockstars at home to practise.

3W have been the TT Rockstars champions for Y3 for the last 3 weeks!

Next week we are excited to be going on our first school trip of the year to Stump Cross Caverns. Friday 16th October. Details will be on Seesaw of what to bring. This is a fantastic opportunity linked to our Stone Age work and our Science. If you have not logged into Arbor to make your payment yet, please do this ASAP.

► PE DAYS

Monday – Indoor PE
Friday – Outdoor PE
Children should come to school dressed in their PE kit on these days.



Year 4 Heroes & Stars

We have finished our work on subtraction and addition! We consolidated our learning completing a variety of problems and will be moving on to place value next.

Thanks to our brilliant trip to Beamish, we have created recounts of our day and focused on time adverbials in our writing. With the Remembrance service approaching after half term, we have started poppy art, in a variety of ways, to remember the fallen in the world wars

► WHAT WILL WE BE DOING NEXT WEEK?

Geography we will continue our work on countries in Europe and move on to major cities of the UK. In music, we will continue to practice our loops and harmonies with our beautiful singing voices!

Lots of art next week by creating lots of different WW2 inspired designs.

► UPCOMING EVENTS

Children break up on Thursday 22nd October for half term. Remembrance service is held by Year 4 on Wednesday 11th November. Timings tbc.

► REMINDERS FOR PARENTS

- Reading daily for 10 mins – reading records signed by an adult
- Homework given out on a Friday and due back in on Wednesday.
- Multiplication is our MAIN priority this year so please ensure that you practice as often as possible with your child – e.g. using TT Rockstars - and we will be sending x tables (Zappers) home to improve fluency.
- PE is Wednesday (indoor) and Thursday (outdoor)

► WEEKLY UPDATES

This Week's Class Updates.



Year 5 Tigers & Butterflies

Another great week in Year 5.

In science, we have been exploring the phases of the moon. Children really enjoyed showing the different phases using Oero biscuits.

In English, Tigers have been writing a setting description and Butterflies have been completing a report about Ham and his amazing journey into space. In maths, we have been looking at tenths in a variety of ways.

In P.E., we have developed attacking and defence skills when dribbling.

Next week, we will be finding out more about countries in North America. In PSHE, we will compare the impact of different physical activities.

► UPCOMING EVENTS & PE

Outdoor PE Monday
am 5T and pm 5B

Indoor PE Tuesday pm
5B

Swimming Wednesday
5T

PE kit can be worn all
day.



Year 6 Hawks & Hummingbirds

In English, we have been looking at adverbial openers (time, place and manner) and linking them to our text Pig Heart Boy.

In maths, we are looking at how adjusting both the minuend and subtrahend by the same amount affects the difference.

In history, we are continuing to explore the Maya civilisation and how they survive and thrived in the rainforest.

We are enjoying completing circuits as part of our PE lessons.

In RE we are looking at why Humanists are so curious.

► WHAT WILL WE BE LEARNING NEXT WEEK?

In Geography we will be taking a closer look at South America and the Equator.

► UPCOMING EVENTS & PE

22/10/26 A retired Science teacher to visit to carry out heart dissections linked to our Science and English. If you would like your child to opt out please let their class teacher know.

19/11 Crucial Crew AM – Free of charge - more information near the time

Outdoor PE Tuesday
afternoons

Indoor PE Thursday
afternoons

PE kit can be worn all
day.

Is my child too ill for school?



Does your child have a high temperature (38°C or more)?

YESKeep them off school until it goes away.

NOFollow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature. Threadworms Speak to your pharmacist, who can recommend a treatment.	Cold sores Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels. Conjunctivitis Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly. Head lice & nits You can treat head lice and nits without seeing a GP. Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly. Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.	Impetigo They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school. Ringworm See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment. Scarlet fever They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics. Chickenpox Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	Ear infection If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away. Measles They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system. Vomiting & diarrhoea Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

To find out more, search www.NHS.uk for the specific illness or infection, or 'Is my child too ill for school?'

Speech, Language and Communication Advice

Hambleton and Richmond - Colburn

Would you like to discuss your child's speech, language, or communication development?

Bring your child along to our drop-in session to meet with our Speech and Language Therapist, discuss any concerns, and receive advice and information about local support and services. **Booking is essential.**

Where & When

Friday 20th November 2026, 10am to 12pm

Colburn Children's Centre, Catterick Garrison, DL9 4RF

Who will be there?

Amancay Topping - North Yorkshire Council Speech & Language Therapist

Stephanie Payne - North Yorkshire Council Speech & Language Therapy Assistant



PLEASE EMAIL TO BOOK A 15 MINUTE SLOT

stephanie.payne@northyorks.gov.uk

Thank you.

Speech, Language and Communication Advice

Hambleton and Richmond - Northallerton

Would you like to discuss your child's speech, language, or communication development?

Bring your child along to our drop-in advice session to meet with our Speech and Language Therapist, discuss any concerns, and receive advice and information about local support and services. **Booking is essential.**

Where & When

Thursday 3rd December 2026, 09.30am to 12.00pm,

Alverton Children Centre, Mount Road, Northallerton, DL6 1RB

Who will be there?

Emma Pollock - North Yorkshire Council Speech & Language Therapist



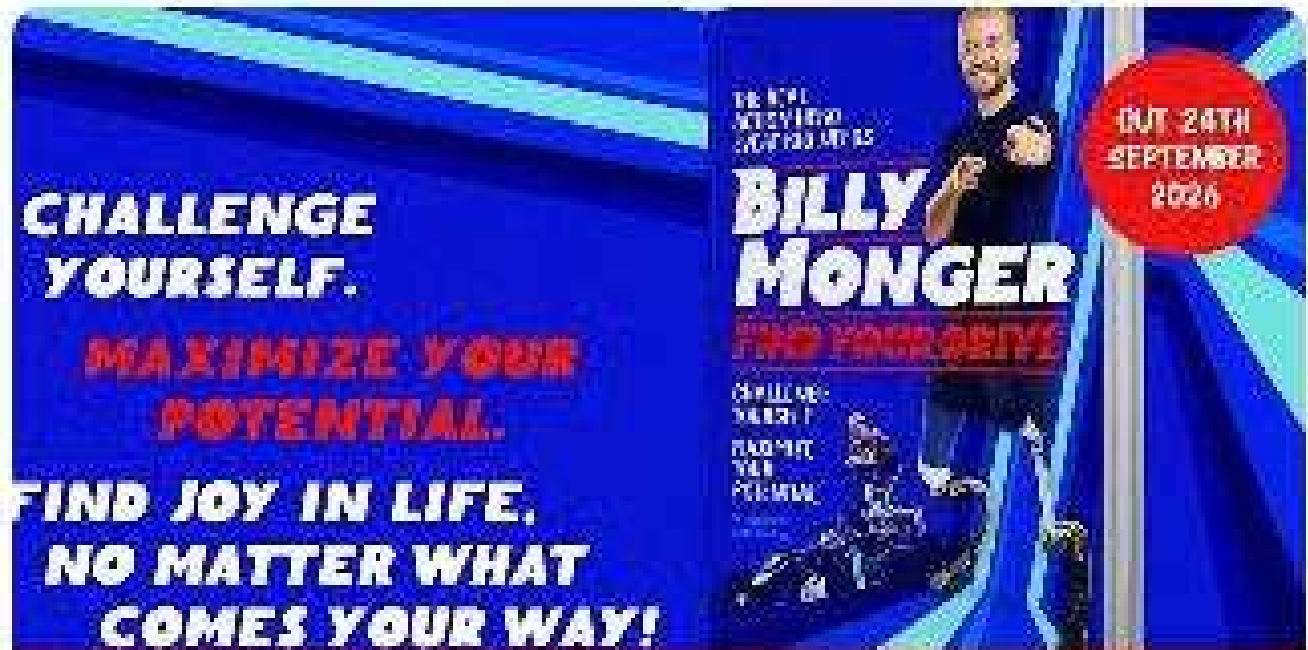
Rachael Hussain - North Yorkshire Council Speech & Language Therapy Assistant

PLEASE EMAIL TO BOOK A 15 MINUTE SLOT

rachael.hussain@northyorks.gov.uk

Thank you

TICKETS AVAILABLE NOW!!



By Carnagill Primary School

BILLY MONGER MEET AND GREET EVENT AT CARNAGILL PRIMARY SCHOOL



6 Nov - 16:00

Carnagill County Primary School

Catterick Garrison



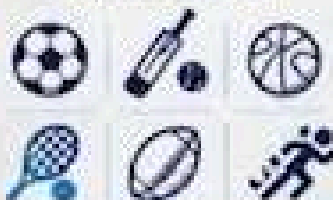
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FRIDAY 30TH OCTOBER
9:00AM - 3:30PM

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> AVAILABLE <

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PLACE TODAY!



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ALL ABILITIES
AGE 7+



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Attachment, Trauma & Neurodiversity

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Exploring understanding, inclusion, learning,
behaviour and belonging.



ATTACHMENT



TRAUMA



NEURODIVERSITY



RELATIONSHIPS



WELLBEING



BELONGING

**8 OCTOBER
2026**



Developing Strategies and Understanding for Neurodivergent Children and Young People

Friendships & social skills • Emotional understanding • Sensory differences •
Social Stories

Practical, inclusive strategies for supporting neurodivergent children and young
people.



9.00 AM –
2.00 PM

**22 OCTOBER
2026**



Blurred Lines: ADHD, Autism or Trauma?

Similarities & differences • Asking the right questions • The Coventry Grid •
Trauma-informed environments

Why similar behaviours can have very different underlying causes – and why
getting the formulation right matters.



9.00 AM –
2.00 PM

**17 NOVEMBER
2026**



Attachment, Trauma and the Learning Brain

The developing brain • Trauma & stress • Impact on learning •
Regulation, co-regulation & connection

How relationships, stress and safety influence readiness to learn – and
what educators can do.



9.00 AM –
2.00 PM

**26 NOVEMBER
2026**



Pathological Demand Avoidance (PDA) and School

What PDA is • Core characteristics • Strategies & interventions •
PDA & developmental trauma

Exploring anxiety-based demand avoidance, the need for control and
why traditional approaches may be ineffective.



9.00 AM –
2.00 PM

**8 DECEMBER
2026**



Behaviour and Belonging

Behaviour as communication • Survival behaviours • Relational safety •
Boundaries, consequences & repair

Understanding behaviour through an attachment- and trauma-sensitive lens.



9.00 AM –
2.00 PM



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22 NOV 2026
11:00 - 14:00

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Abby
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★★★★★

"Steph and Graham were complete pros! Dealt with our puppy so well and made her feel very calm. We're so happy with the portraits we've received, they are fantastic. 5 star service! Highly recommend for your pet portraits!"

Jessica
Pet Portraits

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